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# 'the fotten golden age of mma part iii sherlock

May 4th, 2020 - this is a recently revised article which was originally cross posted at our fellow sbnation blog bloody elbow by cageside features guest columnist john s nash on aug 22 2011 this is part three in a four part series shining a gas light on the fotten golden age of mixed martial arts one which existed during the belle époque'

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### 'cane as a weapon handedness self defense

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