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make your own simple herbal remedies doityourself

June 1st, 2020 - preparing some herbal concoctions requires a certain degree of time and skill but there are plenty of simple herbal remedies you can make yourself including herbal teas syrups and creams whether you have your own herb garden or purchase herbs from the supermarket research which ones are most effective for what ailments"**10 home and natural remedies for toothache pain**

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June 6th, 2020 - in fact written records of the use of herbal medicine date back more than 5 000 years and for much of history herbal medicine was the only medicine today plants are being used to treat a number of health concerns and conditions including allergies arthritis migraines fatigue skin infections wounds burns gastrointestinal issues and'

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June 4th, 2020 - however many worry about spraying their yard for ticks as the solutions used may contain harmful or unhealthy chemicals those products can be dangerous especially for children cats and dogs thankfully there are a number of natural ways to rid your yard of ticks so your family can

enjoy summer without worry simple ways to prevent ticks"**do it yourself herbal medicine home crafted remedies for**

May 18th, 2020 - the author explains about how to make your own herbal medicines at home first you want to start making your own indoor medicinal herb garden when you first start you want to chose a container to put your herbs in second you want to pick your soil the better the soil the better your herbs will grow'

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June 5th, 2020 - for countless years people from various cultures have relied on medicinal plants from mother earth as a means to soothe and repair the mind body and spirit the use of healing herbs dates back to 3000 bc the all natural properties formulated in healing herbs are proof that you don t have to depend on drugs to treat specific ailments'

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